



Your eye care experts

# VISIONSCOTLAND

CATARACT • CORNEAL • GLAUCOMA • MEDICAL RETINA • OCULOPLASTICS • VISION CORRECTION • VITREO-RETINAL • YAG LASER

**0800 8 20 20 80**  
**[www.visionscotland.com](http://www.visionscotland.com)**

# About Vision Scotland

## About Vision Scotland

### Why choose Vision Scotland?

Our highly skilled, reputable and passionate team will support you at every stage of your journey from your initial booking through to your post operative care. We are pleased to offer a wide range of vision correction and eye health procedures.

**Consultant led care** - You will meet your consultant and have the opportunity to discuss your treatment and ask any questions you have. No two patients are the same so we listen carefully to your individual needs. Our consultant led care will ensure that your needs are put first at every stage of your journey.

**Expertise as standard** - Our surgeons are based in Scotland and have held substantive posts as NHS consultant eye surgeons. They have close ties to their sub-specialist community within the UK, and professional affiliation to the international societies.

**Patient care** - The way it should be - while you have treatment with us, you are our number one priority. Our patient care team are on hand to help whenever you need them.

**Price transparency** - There are no hidden extras, the price you are quoted is the price you will pay.

**Time** - You can take as much time as you need and we will never put you under any pressure to make a decision. Where time is of the essence, we strive to offer you a date for treatment within 3 weeks of your consultation.

**First class support** - Our consultant eye care surgeons are supported by a friendly and professional team comprised of diagnostic specialists, optometrists and specialist nurses.

**Excellent reputation** - We've built an impressive reputation in patient care. Take a look at unbiased reviews on Doctify & Reviews.io



### Consultant-led eye care in a clinic you can trust

Vision Scotland provides the highest quality of eye care from state-of-the-art facilities at our clinics in Aberdeen, Edinburgh Galashiels, Glasgow and Stirling. Our patients travel the length and breadth of the country and occasionally from abroad to see us.

We understand that where you choose to have treatment is a very important and personal decision and we strive to offer you the best treatment in the UK. Every Vision Scotland patient receives bespoke care because your eyes are unique so your treatment should be too.







# Treatments available at Vision Scotland

Vision Scotland are experts in safe, proven eye treatments, helping you get back to 20/20 vision or better, whenever possible.

All surgical treatments are carried out by consultant-level doctors who are all experts in their field. Their sole aim is to bring you expert eye care, treatment and advice that is as unique as your eyes are.

Your care will be delivered in one of our state-of-the-art clinical facilities in Scotland, covering Aberdeen, Edinburgh, Galashiels, Glasgow and Stirling.

## Treatments available at Vision Scotland

**We offer a range of bespoke vision correction solutions and a range of other eye care treatments using industry leading surgical procedures.**

Whether you require refractive surgery, cataract surgery, corneal treatment or macular / retinal treatment, we have the eye specialist for you.

We provide a complete range of vision correction solutions including treatment options for cataract surgery and laser eye surgery that are not available with the NHS.



### Treatments available at Vision Scotland:

#### Cataract surgery:

- ✓ Monofocal cataract surgery
- ✓ Toric cataract surgery for astigmatism
- ✓ Extended depth of focus cataract surgery

#### Vision Correction:

- ✓ Premium lens replacement surgery
- ✓ Laser eye surgery
- ✓ Implantable contact lens surgery

#### Corneal Surgery:

- ✓ Collagen cross linking
- ✓ Pterygium

#### Glaucoma:

- ✓ Minimally invasive Glaucoma surgery (MIGS)
- ✓ SLT laser

#### Oculoplastics:

- ✓ Ectropion
- ✓ Entropion
- ✓ Blepharoplasty
- ✓ Ptosis

#### Vitreo-retinal:

- ✓ Retinal detachment
- ✓ Macular holes
- ✓ Epiretinal membrane

#### Medical Retina:

- ✓ Intravitreal injections

#### Other treatments:

- ✓ Botox injections for squints
- ✓ YAG Laser



# Your journey

## Making an enquiry

The first step for most of our patients is to spend some time discussing their planned treatment with our patient care team. They can talk you through any of the procedures in this brochure and also discuss any concerns or worries you have.

They also have direct access to our Consultant Surgeons so should they require further advice or help, clinical consultation is available. The patient care team will be available to you all the way through your treatment, whenever you need them.

## Your journey

### Before your consultation

Before your consultation, you will be sent written information which should be read carefully. It will include any specific instructions required, such as taking a contact lens break before your consultation / arranging transportation home if pupil dilating drops are used.

We strongly advise reading through all reading material you receive as it will provide a good foundation of knowledge so you can get the most out of your consultation. You will feel more confident to seek further explanation on specific issues or to discuss worries with your clinical team. It can be a good idea to write down questions you would like to ask at consultation as it is easy for these to escape you when you are feeling nervous.

### Your consultation

We recommend allowing a full hour for your consultation. Our team of specialists will put together a detailed and individual treatment plan and answer any questions that you may have. You can expect to have various diagnostic tests performed before an examination with an optometrist and your consultant. It is likely that you will have drops put in your eyes to dilate your pupils so you should be prepared not to drive following your consultation. A copy of your individual treatment plan will be recorded in your consent brochure which you will take home with you for further reading.

### Treatment

A small number of eyelid procedures and some laser procedures may be performed on the day of your consultation but for all other procedures such as cataract surgery, you will return to the clinic at a later date. You can expect to be at the clinic for approximately three hours on the day of treatment.

You will be counselled appropriately on your aftercare depending on which procedure you have had performed.





# Cared for by Vision Scotland

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## Cataract surgery

Cataract is a very common eye condition whereby the natural lens inside the eye starts to become cloudy. Surgery is painless and involves removing the cloudy lens and replacing it with a new artificial intraocular lens (IOL). We have access to the most technologically advanced lenses, some of which can eliminate the need for spectacles all together following surgery.

## Keratoconus treatment

Blurred vision can sometimes be caused by insufficient tissue stiffness of the cornea leading to short-sightedness and potentially astigmatism. Vision Scotland provide effective treatment should you be diagnosed with Keratoconus:

- ✓ **Collagen Cross Linking:** A type of laser eye surgery which stiffens the tissue and can stop the progression of keratoconus, preventing your eyesight deteriorating further.

## Wet macular degeneration

We carry out intravitreal Injections to treat conditions such as wet age-related macular degeneration and diabetic macular oedema. This treatment is used to slow the progression of MD with regular injections into the back of the eye.

## Oculoplastics

If you have droopy eye lids that may obscure your field of vision, or bags under your eyes that you feel are unsightly, our surgeons can offer blepharoplasty which sculpts and shapes the eyelids to create a more youthful appearance. Conditions such as entropion and ectropion can also be successfully treated by our Oculoplastic Surgeons.

## Vision improvement

For those needing glasses or contact lenses, who want the freedom of improved vision, Vision Scotland provide a number of solutions and will work with you to find the best one for you. These include:

- ✓ **Laser Eye Surgery:** Reshaping the cornea of the eye with a very precise laser to correct or improve short-sightedness, long-sightedness, and mild astigmatism. Vision Scotland provide both LASEK and LASIK treatments.
- ✓ **Refractive Lens Exchange:** Replacing your natural lens with an artificial one that matches your prescription, returning you to 20/20 vision or better.
- ✓ **Implantable contact lenses:** Replaces the need for glasses and contact lenses using a flexible implantable lens that sits in front of the natural lens inside the eye to correct a wide range of prescriptions.
- ✓ **Phototherapeutic Keratectomy (PTK):** A much less common form of laser eye surgery, PTK is none-the-less a valuable procedure in instances where infection or injury to the eye have left scarring.

Every eye is unique, so while you may be aware of a problem with your eyesight, or suspect you might have a particular condition, we begin every journey with a consultation.

This allows us to determine what is wrong with your eye and how it might be treated, to get you the best results in a way that also suits your lifestyle. During and after the consultation, you will be given information and advice particular to your condition and treatment, which may include one of the following treatments that we offer:

## Speak to our team

Whether you want to make a cosmetic change, prevent further deterioration of your eyesight, improve your vision back to 20/20, get rid of glasses and lenses, or believe you have a more serious condition, it all starts with a consultation. Speak to our team on 0800 8 20 20 80 and our diagnosticians will be there to support and advise you every step of the way.



**Vitreo-retinal treatments**

- ✔ **Vitrectomy:** Most people will be aware of occasional ‘floating’ objects in their vision that come and go. These can be a real nuisance and treatment may be appropriate to improve symptoms. Treatment involves removing some of the natural jelly (vitreous) from inside the eye and replacing it with air or gas.
- ✔ **Macular Hole:** A small hole develops at the macula of their eye. The macula is the sweet spot of our vision and a hole can result in blurred and distorted vision. Surgery involves removing the natural jelly (vitreous) from the eye and replacing it with a solution to seal the hole.
- ✔ **Epiretinal Membrane:** A thin layer of naturally occurring cells form a sheet/membrane over the retina and if the cells start to shrink then the underlying retina can wrinkle causing blurred and distorted vision. Surgery involves removing the natural gel (vitreous) from the eye and carefully peeling away the membrane.



**Glaucoma Treatments**

- ✔ **MIGS:** This is a term which includes variety of surgical procedures. Your treating clinician can advise you on the appropriateness of the same. These procedures aim to either enhance the physiological pathway or create a new drainage pathway to reduce intraocular pressure with or without an implant.
- ✔ **SLT Laser:** Is a minimally invasive procedure that applies laser (Blue/green) at the drainage angle to improve the physiological drainage of fluid from the eye, thus reducing intraocular pressure.

**Patient care team**

A member of our patient care team will be assigned to look after you throughout your treatment. We’re available to you from 8am to 8pm, 365 days a year. You will have our direct contact information so if you need us you won’t need to wait.

We also have emergency clinical support available weekends and between 8pm and 8am everyday.

# Aftercare

Following your procedure you will be given in-depth instructions for managing your eyes post surgery. We will also talk to you about typical symptoms of recovery, and symptoms that you may want to keep an eye on. In most cases, side effects will settle over the first 3-5 days after surgery and will continue to reduce over the next few weeks.

Your treatment doesn’t end when your surgery is over. We are here to look after you in the days and weeks following surgery. Until you are fully recovered. This will sometimes mean returning to our clinic for a review. For most cataract surgeries, your own optometrist will see you for a review 6 weeks after surgery.

You have access to our patient care team at all times. If you have any concerns or worries about your eyesight there is always someone to help, whether it be a little reassurance that is needed, or a follow up appointment with a member of the clinical team.

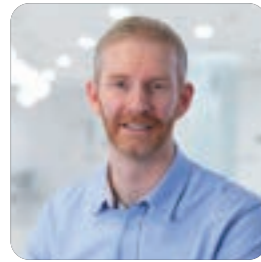
Our team are trained to ask the right questions regarding clinical concerns and will arrange a call or a face to face check up if they have any concerns.

If you feel like your query is urgent, there is a 24 hour on-call number manned by a member of our clinical team. If you need to see the surgeon or optometrist, we will arrange an appointment for you as soon as possible.





# The surgeons



Consultant Ophthalmologists, Mr Sanjay Mantry and Mr Jonathan Ross lead the Vision Scotland team.

Mr Ross and Mr Mantry are among the most experienced Consultant Ophthalmic Surgeons in the UK and Europe.

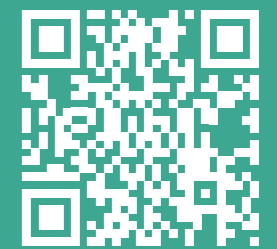
Mr Mantry is also a leading authority in refractive laser eye and corneal surgery while Mr Ross is one of the busiest private cataract surgeons in the UK.

📌 Mr Ross and Mr Mantry are ranked number one and number two busiest cataract surgeons in Scotland by PHIN (Dec 2021).

**Surgeon names from the top:** Mr Jonathan Ross, Consultant Ophthalmologist | Mr Sanjay Mantry, Consultant Ophthalmologist | Mr Paul Flavahan, Consultant Ophthalmologist | Mr Jonathan Foulds, Consultant Ophthalmologist | Mr Oliver Chadwick, Consultant Ophthalmologist | Mr Manjit Mehat, Consultant Ophthalmologist | Mr Amit Datta, Consultant Ophthalmologist | Mr Stephen Burgess, Consultant Ophthalmologist | Ms Shohista Saidkasimova, Consultant Ophthalmologist | Mr Vikas Chadha, Consultant Ophthalmologist | Mr Soo Park, Consultant Ophthalmologist | Mr Ken Lai, Consultant Ophthalmologist | Mr Zachariah Koshy, Consultant Ophthalmologist

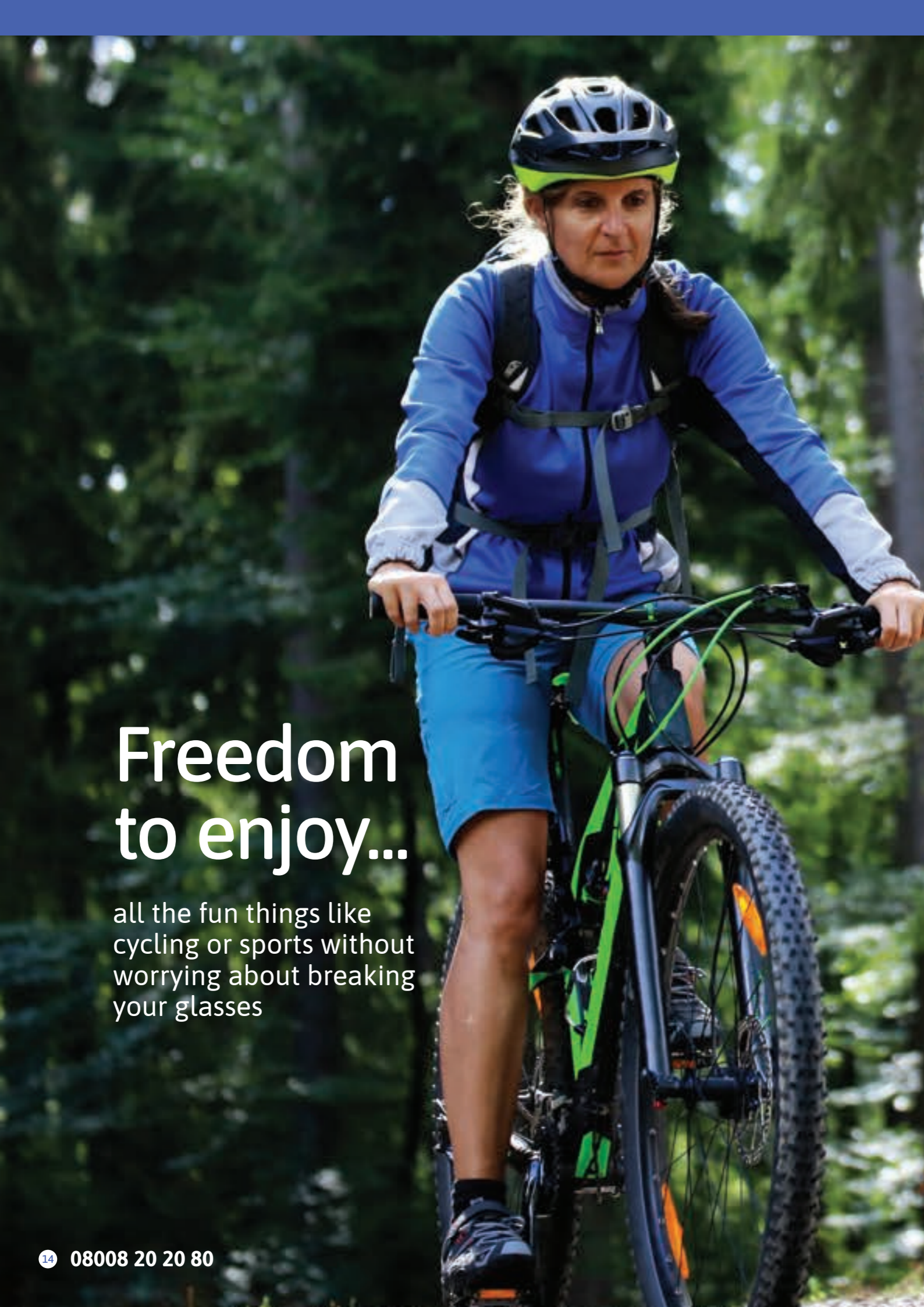


In every Vision Scotland clinic, you will find a team of truly exceptional consultant ophthalmic surgeons. With years of specialised training and experience, each consultant brings a wealth of knowledge and expertise to every patient they treat. Our consultants are at the forefront of the latest advancements in ophthalmic care, utilizing state-of-the-art technology and innovative techniques to provide the best possible outcomes for our patients. From routine eye exams to complex surgical procedures, our consultants deliver personalised, compassionate care with a focus on achieving optimal vision and overall eye health. Trust in our team of consultant ophthalmologists to provide you with the highest standard of care and a commitment to excellence in ophthalmic treatment.



Scan to find out more about Vision Scotland's surgeons





# Freedom to enjoy...

all the fun things like cycling or sports without worrying about breaking your glasses

## Pricing of treatment

The cost of treatment depends on the type of surgery chosen and other factors relating to your ocular anatomy and visual quality.

Our inclusive price is a simple, fixed price with no hidden extras. Although uncommon, complications do occasionally occur and for additional peace of mind, your inclusive price includes the cost of fixing any clinical complications that arise as a result of your surgery for six months after treatment.

### Funding your treatment

Paying for private treatment is simple. If you don't have private medical insurance you can self-fund or take advantage of interest free finance or an interest bearing loan, so you don't have to wait for treatment. We also accept all reputable health insurance policies.

Please speak to our clinic staff if you are interested in what finance options may be available to you.

### How can I find out more?

Contact our Customer service team on **0800 8 20 20 80** or visit [www.visionscotland.com](http://www.visionscotland.com)

## Guide prices\*

### Laser Eye Surgery

Cost per eye

**£1,995**

- FREE diagnostic consultation
- Affordable payment options

### Cataract Surgery

Cost per eye, from

**£2,750**

- Consultation £245
- Affordable payment options

### Corneal Cross Linking

Cost per eye

**£3,000**

- Consultation £350
- Affordable payment options

### YAG

Cost per eye, from

**£800**

- Consultation fee included
- Affordable payment options

### Lens Replacement Surgery (RLE)

Cost per eye, from

**£2,750**

- FREE diagnostic consultation
- Affordable payment options

### Blepharoplasty Surgery

Cost from

**£3,750**

- Consultation £245
- Affordable payment options

### Implantable Contact Lens

Cost per eye, from

**£3,600**

- FREE diagnostic consultation
- Affordable payment options

\*Prices correct at time of print (13/11/24) and can change at any time.





## Vision Scotland Edinburgh

Vision Scotland Edinburgh,  
Unit 3, 5 Ratho Park,  
Newbridge, Edinburgh,  
EH28 8QQ



## Edinburgh South East

Spire Shawfair Park Hospital,  
10 Easter Shawfair,  
EH22 1FE



## Vision Scotland Glasgow

3 Seaward Place,  
Kinning Park,  
Glasgow,  
G41 1HH



## Galashiels

Roxburgh House Court,  
Roxburgh Street,  
Galashiels,  
TD1 1NY



## Aberdeen

Alpha Hospital Group,  
16 Carden Place,  
Aberdeen, AB10 1FX  
(Access via Albert Lane)



## Stirling

Castle Business Park,  
Lomond House,  
Stirling,  
FK9 4TF

## Contact information

[www.visionScotland.com](http://www.visionScotland.com)

0800 8 20 20 80 | [info@visionScotland.com](mailto:info@visionScotland.com)